

Falls- reducing their harm

Listed below is the high level evidence on **Falls– reducing their harm** produced by NICE, SIGN and NHS based organisations. Also included are the European Society guidelines where available. This list is produced and maintained by HEFT Library Services to support VITAL for Doctors core skills programme developed in the Trust.

HEFT Local Policies

[Policy for the Prevention and Management of Inpatient Falls version 2.0](#)

Bridget Leach, June 2011 Review date: 31st June 2013

[Management and Prevention of Non-Clinical Slips, Trips and Falls Policy v6.0](#)

Robert Anderson, August 2012 Review date: 31st August 2015

[Bed Rails Policy and Procedure v3.0](#)

Bridget Leach, December 2008 Review date: 31st December 2011

[Access to the above Policies is available through Trust PCs]

NICE guidelines and pathways

[CG161 Falls: The assessment and prevention of falls in older people](#)

NICE, June 2013

[CG124 Hip Fracture](#)

NICE, June 2011

Map of Medicine

[Falls in Elderly People](#)

Map of Medicine Care Pathway, January 2013. Valid until 29th February 2013

[Access the Map with your HEFT Login ID. Map of Medicine is a visual representation of evidence-based, practice –informed pathways on various conditions and treatment options]

National Guidelines & Non-UK Guidelines (includes Professional Bodies/Associations)

[Guidelines on prevent falls - with a physiotherapy focus](#)

The Chartered Society of Physiotherapists, August 2012

[Up and about or falling short?](#)

National Falls Programme in association with WorksOut as part of Delivery Framework for Adult Rehabilitation in Scotland, March 2012

This is a report of the findings of a mapping of services for falls prevention and management and fracture prevention in older people in Scotland.

[Report of the 2011 inpatient falls pilot audit](#)

Royal College of Physicians, February 2012

[Fall and bone health management assessment proforma: Improving care across primary and secondary care](#)

QIPP - NHS Evidence, 25 January 2012

[Essential care after an inpatient fall](#)

NPSA/2011/RRR001 January 2011

[Falling standards and broken promises](#)

Royal College of Physicians, 2011

[Prevention of inpatient falls: systematic risk assessment and reduction programme](#)

QIPP - NHS Evidence, 22 December 2011

[The Fallsafe Project using a care bundle to reduce falls in hospital](#)

Royal College of Physicians, 2011

[Reducing harm associated with falls](#)

Patient Safety First, 2010

This site highlights the falls prevention campaign that led to the development of 'How to Guide' on Reducing harm from falls; compilation of case studies from NHS Trusts; useful resources to use by local NHS Trusts for staff education; and access to the ProFaNE (Prevention of Falls Network Europe) Network dedicated to the prevention of falls in Europe and beyond.

[American Geriatric Society/British Geriatric Society Clinical Practice Guideline: Prevention of Falls in Older Persons](#)

American Geriatric Society/British Geriatric Society, 2010

[Management of Hip Fracture in Older People](#)

Scottish Intercollegiate Guidelines Network (SIGN), 2009

[WHO Global Report on Falls Prevention in Older Age](#)

World Health Organisation, 2008

[Slips, trips and falls in hospital PSO report](#)

National Patient Safety Agency, 2007

[Staying safe, preventing falls – one of the High Impact Actions](#)

NHS Institute for Innovation and Improvement

[Clinical practice guideline for the assessment and prevention of falls in older people](#)

Royal College of Nursing, 2004

[How can we help older people not fall again? Implementing the Older People's NSF Falls Standard: support for commissioning good services.](#)

Department of Health, 2003

Systematic Reviews – Cochrane Library

[Interventions designed to prevent healthcare bed-related injuries in patients](#)

Oliver Anderson^{*}, Piers R Boshier, George B Hanna

Editorial Group: [Cochrane Injuries Group](#)

Published Online: 18 JAN 2012

[Interventions for preventing falls in older people living in the community](#)

Lesley D Gillespie^{1,*}, M Clare Robertson¹, William J Gillespie², Catherine Sherrington³, Simon Gates⁴, Lindy M Clemson⁵, Sarah E Lamb⁴

Editorial Group: [Cochrane Bone, Joint and Muscle Trauma Group](#)

Published Online: 12 SEP 2012 Assessed as up-to-date: 1 MAR 2012

[Interventions for preventing falls in older people: an overview of Cochrane Reviews](#)

Julie E Udell^{1,*}, Amy Drahota², Taraneh P Dean¹, Ruth Sander¹, Heather Mackenzie¹

Editorial Group: [Cochrane Bone, Joint and Muscle Trauma Group](#)

Published Online: 13 APR 2011

[Interventions for preventing falls in older people in care facilities and hospitals](#)

Ian D Cameron^{1,*}, Lesley D Gillespie², M Clare Robertson², Geoff R Murray³, Keith D Hill⁴, Robert G Cumming⁵, Ngaire Kerse⁶

Editorial Group: [Cochrane Bone, Joint and Muscle Trauma Group](#)

Published Online: 12 DEC 2012 Assessed as up-to-date: 30 JUN 2012

[Population-based interventions for the prevention of fall-related injuries in older people](#)

Roderick J McClure², Cathy Turner³, Nancye Peel⁴, Anneliese Spinks^{1,*}, Elizabeth Eakin⁵, Karen Hughes⁶

Editorial Group: [Cochrane Injuries Group](#)

Published Online: 8 OCT 2008 Assessed as up-to-date: 15 MAY 2007

NHS Evidence

[Review of the Evidence on Falls Prevention in Hospitals Task 4 Final Report](#)

Hempel, Susanne, et al

Produced by RAND Corporation for the Agency for Healthcare Research and Quality, February 2012

Falls- Risk Assessment

Clinical Knowledge Summaries, June 2009

Todd C, Skelton D. (2004) **What are the main risk factors for falls among older people and what are the most effective interventions to prevent these falls?** Copenhagen, WHO Regional Office for Europe, Health Evidence Network report, April 2004.

Further information:

The following sources have been searched for evidence published in the previous 12 months: HEFT Policies, NICE, SIGN, NHS Evidence, Cochrane Library, British Geriatric Society, Department of Health, NHS Institute of Innovation and Improvement, Royal College of Physicians and World Health Organisation Please contact Preeti.Puligari@heartofengland.nhs.uk for any further information.

For more information on how to make the most use of the HEFT Library Services, visit www.heftlibrary.nhs.uk

Visit **NHS Evidence** www.evidence.nhs.uk to access your guidelines, Cochrane systematic reviews, journals and databases.