

Print Resources

Journals

All the journals currently subscribed to by UHB Library Services are available electronically. For a comprehensive list, please refer to the 'UHB Journals' section in this guide or search via the **ASK Discovery tool** using your Athens login for a complete list.

Books

For a comprehensive list of books available on Frailty across the four sites, please search the Library Catalogue:-

www.base-library.nhs.uk

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ASK a librarian

Awareness

24/7 ACCESS on each site for all staff

Support

SUPPORT in your STUDIES

Knowledge

Ever been puzzled by a clinical condition?

ASK your Outreach Librarian to:

- Guide you to evidence based resources
- **Carry out literature searches for patient care, audit, guidelines, CPD and research**
- Inform you of the latest evidence bulletins
- **Review and improve books, journals and electronic resources**
- Support your Journal Club
- **Attend ward rounds, meetings or clinics**
- Support your departmental Team Knowledge Officer

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Building healthier lives



University Hospitals Birmingham
NHS Foundation Trust

Frailty Resources Guide

University Hospitals Birmingham NHS Foundation Trust

Good Hope, Heartlands, QE and Solihull Libraries

Library Website:

www.uhblibrary.co.uk

ASK Discovery tool:

<http://tinyurl.com/z795c8c>

Electronic Resources

The NHS subscribes to key healthcare databases, full text journals, e-books and more for its staff. To access these you need to have an Athens username and password. You can obtain one by self-registering at:

<https://openathens.nice.org.uk/>

You can find out more about Athens Self-Registration or pick up a flyer from the Education Centre Libraries at Good Hope, Heartlands, QE and Solihull.

Health & Well Being Books

www.base-library.nhs.uk

A collection of Mood/Reminiscence and fiction books are also available in the Trust libraries.

Reminiscence Collection

Dementia friendly **ActivityShare** resources are available from all UHB Libraries for staff or volunteers working with patients.

e-Books Collection

eBook titles are listed on the library catalogue www.base-library.nhs.uk

Choose your own eBooks by simply logging on with your Athens account at www.ebookcentral.proquest.com/

e-Journals

You can access the following electronic journals using your Athens account [from ASK Discovery Tool](#):

- [Age & Ageing](#)
- [Aging and Disease](#)
- [Ageing and Society](#)
- [Ageing International](#)
- [Gerontology and Geriatric Medicine](#)
- [Healthy Aging & Clinical Care in the Elderly](#)
- [Journal of the American Geriatrics Society](#)
- [Journal of Gerontological Nursing](#)
- [Psychology and Aging](#)
- [Reviews in Clinical Gerontology](#)

Useful Websites

This section lists some useful websites, organisations, professional bodies, and patient information sites useful for Elderly Care health professionals.

Age UK

<https://www.ageuk.org.uk/>

Voices that are rarely heard – understanding living with frailty in later life.

Anatomy TV

www.anatomy.tv/

The 3D anatomy resource features anatomical pictures that can be rotated, and layers can be removed in order to expose underlying structures. *Access via Athens*

ASK –UHB Discovery Tool

<http://tinyurl.com/z795c8c>

This is a “Google” type tool enabling a “one search” for guidelines, eBooks, eJournals and full text articles. *Access via Athens.*

British Geriatrics Society

<https://www.bgs.org.uk/>

Membership association for professionals specialising in the healthcare of older people across the UK.

BMJ Best Practice

www.bestpractice.com/

A clinical decision support tool that takes you quickly and accurately to the latest evidence based information, whenever and wherever you need it.

Clinical Key

www.clinicalkey.com/

Search from a single platform across eBooks, eJournals, procedural videos, drug information and images. *Access via Athens*

Clinical Skills.net

www.clinicalskills.net/

More than 160 clinical skills procedures, all in a user-friendly illustrated format and regularly updated. *Access via Athens.*

Cochrane Clinical Answers

<https://www.cochranelibrary.com/cca>

Practical evidence for healthcare decision making.

Cochrane Reviews

www.cochranelibrary.com

To explore Cochrane Reviews you can use the advanced search or you can browse by topic or by Cochrane Review Group (CRG).

Dynamed

www.dynamed.com/

Provides current, evidence-based information to support decision making at the point of care. *Access via Athens.*

The Kings Fund

www.kingsfund.org.uk/

Implementing the electronic frailty index – case studies from the NHS front line.

KnowledgeShare

www.uhblibrary.co.uk

A targeted “current awareness” service for high impact documents in your area.

NHS Acute Frailty Network

www.acutefrailtynetwork.org.uk

Guidance and best practice case studies for nursing and therapists.

NHS England

www.england.nhs.uk

Practical guidance for commissioners, providers and nursing, medical and allied health professional leaders for frail elderly.

NHS Evidence

www.evidence.nhs.uk/

24/7 portal available to all NHS staff and students to access nationally procured resources. Requires UHB Athens ID.

SCIE—Social Care Institute for Excellence

www.scie.org.uk/

For those working with people with frailty, the site provides practical tips, tools, activities and information.