

Print Resources

Journals

All the journals currently subscribed to by HEFT Library Services are available electronically. For a comprehensive list, please refer to the 'E-Journals' section in this guide or search via **ASK HEFT Discovery tool** <http://tinyurl.com/z795c8c> using your Athens login for a complete list.

Books

For a comprehensive list of books available across the three sites, please search the Library Catalogue:-
www.base-library.nhs.uk

Contact details of Outreach Librarians

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ASK a librarian

Awareness

24/7 ACCESS on each site for all staff

Support

SUPPORT in your STUDIES

Knowledge

Ever been puzzled by a clinical condition?

The Outreach Librarian for Carers is

Ann Button

☎ 0121 424 2503
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ASK your Outreach Librarian to:

- Guide you to evidence based resources
- Carry out literature searches for patient care, audit, guidelines, CPD and research
- Inform you of the latest evidence bulletins
- Review and improve books, journals and electronic resources
- Support your Journal Club
- Attend ward rounds, meetings or clinics
- Support your departmental Team Knowledge Officer

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Library Services
Investing in Knowledge

Carers Resources Guide

[Heart of England NHS Foundation Trust](#)

[Good Hope, Heartlands and Solihull Libraries](#)

Library Website:

www.heftlibrary.nhs.uk

Library Online Catalogue:

www.base-library.nhs.uk

Electronic Resources

The NHS subscribes to key healthcare databases, full text journals, e-books and more for its staff. To access these you need to have an Athens username and password. You can obtain one by self-registering at:

<https://openathens.nice.org.uk/>

You can find out more about Athens Self-Registration or pick up a flyer from the Education Centre Libraries at Good Hope, Heartlands and Solihull.

Books on Prescription Collection

All the journals currently subscribed to by HEFT Library Services are available electronically. For a comprehensive list, please refer to the 'E-Journals' section in this guide or search via **ASK HEFT Discovery tool** at <http://tinyurl.com/z795c8c> using your Athens login for a complete list.

Dementia Collection

Help and support for all staff and volunteers working with patients with dementia, carers and anyone who would like to find out more about the condition or is worried about symptoms.

Health & Well Being Books

www.base-library.nhs.uk

A collection of Mood/Reminiscence and fiction books are also available in the Trust libraries.

Relaxation CDs

A collection of natural sounds/music CD titles.

Reminiscence Collection

Dementia friendly **ActivityShare** resources for staff and volunteers working with patients.

e-Books Collection

eBook titles are listed on the library catalogue

www.base-library.nhs.uk

Choose your own eBooks by simply logging on with your Athens account at

www.ebookcentral.proquest.com/

e-Journals

You can access the following electronic journals using your Athens account from [ASK HEFT Discovery Tool](#):

- Alzheimer's & Dementia
- Age and Ageing
- Best practices in Mental Health
- Best Practices in Nursing Care to Older Adults with Dementia
- BMJ Supportive & Palliative Care
- Journal of Social Work in End-Of-Life & Palliative Care
- Supportive Care in Cancer
- Support Line

Useful websites

This section lists some useful websites, organisations, professional bodies, and patient information sites useful for carers.

Birmingham Carers Hub

www.birminghamcarershub.org.uk/

Can offer advice and carers support groups.

Birmingham Carers Association

www.b-c-a.org.uk/

Campaigning to ensure that carers' receive the best support possible from Birmingham City Council and their local NHS Service

Birmingham Community Healthcare

www.bhamcommunity.nhs.uk

Specialist carers groups in Birmingham are (e.g. rehabilitation, carers walking group and learning disabilities).

Carers in Partnership (CiP)

www.carersinpartnership.org/

Carers in Partnership *"promote the carer voice in the way that mental health services are planned, set up and run"*

Carers Trust/

The Princess Royal Trust for Carers

www.carers.org/

They recognise and support unpaid carers.

Carers Trust Professionals

<https://professionals.carers.org/>

Carers Trust offers a wide range of resources and information for anyone who works with carers.

Carers UK

www.carersuk.org/

This national membership charity for carers also has a section for professionals.

Dementia Gateway

www.scie.org.uk/

Supportive information and resources, including videos, e-learning material and downloads.

Dementia Web

www.dementiaweb.org.uk/

Includes the Birmingham Cross City CCG Dementia Information Prescription.

NICE Evidence Search—Dementia

www.evidence.nhs.uk/

24/7 portal available to all NHS staff, students and the public to access the best evidence available

NHS Carers Direct Helpline service

www.nhs.uk/

National information, advice and support.

Patient and Family-Centred Care toolkit

www.kingsfund.org.uk/

A step-by-step method for understanding the care experience for families and NHS staff.

Solihull Carers Centre

www.solihullcarers.org

Can offer advice on generic carers support groups

Stonham Group (Mental Health)

www.homegroup.org.uk/

They organise many of Birmingham's local carers support groups. Contact them to find out where your nearest group meets.